

STOWAWAY

BEGINNINGS

LIGHT SNACKS + STARTERS

SNACK PLATTER FOR TWO

A selection of three local cheeses from the Cheeseman down the road | Locally sourced sliced biltong | Ouma's Homemade Jam | Olives from Prince Albert | Served with our own Roosterkoek.

Ask our fabulous waiter what our selection of cheese, jam and bread is of the day is.

180.00

WATERMELON + TUNA SALAD

Sashimi Tuna, feta, watermelon, huille vert, cucumber & Yuzu dressing.

Seasonal | Dependant on availability.

110.00

Starter Portion

220.00

Dinner Portion

CHIPS & DIPS

Keeping it simple. Enjoy Nacho chips with two dips of the day.

Ask our waiter what our selection of dips are for the day.

75.00

MAINS

WE LIKE TO KEEP THINGS SIMPLE

KFC BOWL

Korean Fried Chicken Bowl served with spring onion, sesame seeds, cucumber roses and rice.

145.00

HIDEAWAY STEAK

200g fillet, Hennessey-mushroom sauce, caramelised onion pureé, mashed potato & green beans.

275.00

WAGYU DENVER

150g certified Wagyu from the Karoo, Red wine jus, carrot pureé. Bok choy & mashed potatoes.

Dependant on availability.

330.00

WAGYU BURGER + CHIPS

Brioche bun, wagyu patty (150g), cheese, caramelised onion puree, sweet & sour cucumber pickles, truffle mayo, lettuce, tomato.

150.00

MUSHROOM PASTA | V

Truffle-cognac-parmesan-mushroom pasta.

Add extra Prosciutto di Parma ham | + R65.00

200.00

FALAFAL BOWL | VG

Black rice, green beans, charred corn, edamame, carrot ribbons, falafels, hummus.

135.00

SIDES

SOMETHING ON THE SIDE

MAC + CHEESE

Our famous (secret recipe) Mac and Cheese with crunchy panko & parmesan topping.

45.00

SKINNY FRIES

Seasoned Fries | Parmesan, with truffle mayo

30.00

50.00

KIDDIES

FOR KIDS UNDER 12

CHICK NUGGETS + CHIPS

Crunchy chicken nuggets served with portion of skinny chips.

Dependant on Eskom.

Swap for Mash | Add Green Beans + R20.00

60.00**MAC + CHEESE**

Our famous (secret recipe) Mac and Cheese.

Dependant on Eskom.

45.00**TINY TOTS**

FOR INFANTS

PURÉE

A little bit of everything: potato mash, green bean purée + carrot purée

40.00**SWEET ENDINGS**

THERE IS NOTHING DESSERT CAN'T SOLVE.

GRANADILLA ICE LOLLY

Sorbet Granadilla Ice Lolly served old school served old school.

45.00**MALVA PUDDING**

A sweet pudding of South African origin served with cream or custard.

Dependant on Eskom.

60.00**SCOOP OF ICE-CREAM**

Locally made Plett ice-cream.

Please ask our waitress for our selection of ice creams.

45.00**COCKTAILS**

SPECIALTIES

**MAD SCIENTIST**

Ready for an experiment? Rose first, then peach, citrus and tequila - soda last- stir properly. Don't know what we are on about? You'll know soon enough.

135**LOST AT SEA**

Our Dessert cocktail

Caramal Belvedere Vodka | Topped with cream | Nut Allergy: Almonds

120**SEASONAL EXPLORER**

Attention wunderlustlers - a summer inspired speciality.

Vodka | Lychee | Pineapple | Lemonade

105**SOMBRE SAILOR**

Its a sailor's Christmas.

Premium Rum | Summer Warmth | Cinnamon | Cloves | Vanilla | Staranise | Fenil | Mango

105**NAVIGATOR**

Whether you explore to discover or simply to be lost. This spiced gin journey will send you on a sweet and sour drift.

130

COCKTAILS

CLASSICS



PIMMS CUP

English origin cocktail - a true taste of summer.

80

PATAGONIAN SOURS

A rum based sours - it is all about the balance of ingredients.

90

CAMPARI

A classic Italian aperitif-style cocktail.

120

APEROL SPRITZ

The taste of Summer.

95.00



AMARETTO SOURS

A refreshing Italian twist to a Sours.

90

WHISKEY SOURS

Why so sour? Enjoy a Jameson sours.

110

DRUNKEN SAILOR

A classic twist on a rum and soda

85

OLD FASHIONED

A vintange Bourbon cocktail. Muddled always.

120

ISLAND MULE

The easier, smoother, less Russian, Moscow Mule.

95

SWEET + SOUR MARGI

Fiesta, siesta, margarita!

90



PALOMA

The iconic Mexican - tequila, grapefruit & soda

90

STANLEY ISLAND TEA

Hawaiian inspired long island iced tea, beware!

140

BEERS

IMPILO | GESONDHEID | BAJABULE | CHEERS | NQA | PHOLO E NTLE | IMPILO ENHLE |



CORONA

45

CORONA BUCKET | FIVE

250

CASTLE LITE

35

GIN S

OUR SELECTION



MALFY CON SELECTION

Chio from the Italian Malfi Coast.
Originale | Limone | Arancia | Rosa

40

INVERROCHE GIN

A taste of South Africa.
Classic | Amber | Verdant

45

KI NO BI GIN

As the Japanese put it "the coming
together of beauty and function"

75

MONKEY 47

German Origin | Created from 47
different botanicals.

90

IRISH WHISKEY

OUR SELECTION



JAMESON

Fun Fact: South Africa is the third
largest global consumer of Jameson

40

JAMESON

CASKMATES IPA

Aged in used IPA beer casks.

45

JAMESON

CASKMATES STOUT

Aged in used Stout beer casks.

45

JAMESON

SELECT RESERVE

Triple distilled, twice charred,
for a rich smooth taste.

52

SCOTCH BLENDED WHISKY



BALLANTINES 7 YEAR

Characteristics: honey, a hint of golden syrup, plus sultana and cocoa powder

32

BALLANTINES 12 YEAR

Characteristics: complex honey and floral flavours with a creamy oak sweetness.

42

BALLANTINES FINEST

Characteristics: a balance of subtle, sweet notes of milk chocolate, red apple and vanilla.

40

CHIVAS REGAL 12 YEAR OLD

Characteristics: creamy, vanilla custard, lemon curd and butter toffee

45

SINGLE MALTS



INSIDE BAR ONLY

THE GLENLIVET FOUNDERS RESERVE

CHARACTERISTICS: creamy sweetness and zesty fruits - a tribute to the O.G George Smith.

60

THE GLENLIVET 15 YEAR OLD

CHARACTERISTICS: creamy sweetness and zesty fruits - a tribute to the O.G George Smith.

95

THE GLENLIVET 12 YEAR OLD

CHARACTERISTICS: smooth, fruity, complex, sophisticated, entertaining - a classic.

65

ABERLOUR 12 YEAR OLD

CHARACTERISTICS: soft and rounded, with fruity notes of red apple.

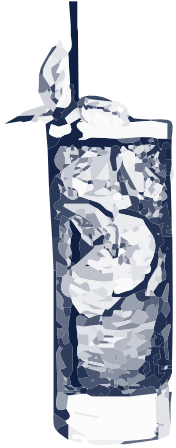
80

BRANDY



RICHELIEU 30

KWV 5 YEAR 35



RUM

Havana Club Añejo Especial	32
Havana Club Añejo 3 Year Old	30
Havana Club Añejo 7 Year Old	38
Bumbu The Original	55
Bumbu XO	70

VODKA

Absolut	32
Absolut Elyx	45

TEQUILA

Olmecca Silver Reposado	30
Avion Reposado	55



SOFT DRINKS

Still/Sparkling 350 ml	25
Still/Sparkling 500 ml	45
Mixers 200 ml	26
Grapetiser/Appletiser	35

WINE LIST

PLETT CELLAR



SAUVIGNON BLANC

BITOU WINE FARM

Just down the river from us lies Bitou Wine Farm. Enjoy a their Savignon Blanc that has citrus top notes with slightly sweet lingering aftertaste.

85
Glass

330
Bottle

ROSÉ

KAY MONTY WINE FARM

Just down the river from us lies Bitou Wine Farm. Enjoy a their Savignon Blanc that has citrus top notes with slightly sweet lingering aftertaste.

85
Glass

330
Bottle

M.C.C

NEWSTEAD WINE FARM

Our favourite bubbles - one of the greats - triumph over most others, whether from our shores or from any of Europe's old world wineries.

500
Bottle

WINE LIST

OWNERS SELECTION



ROSÉ + WHITE

SAUVIGNON BLANC

DIEMERSDAL WINE FARM

Megan's go to drink (especially after a hard day on the island). Vibrant, classically styled Sauvignon Blanc presents a brilliant lemon-lime colour and crisp flavours.

65
Glass

260
Bottle

SAUVIGNON BLANC

KLEIN SERING WINE FARM

Boutique wine nestled in the fertile Noordhoek Valley. This is a fresh light Sauvignon Blanc with lovely aromas of pear, tropical fruit and green apple. A must try wine made by a cardiothoracic surgeon!

80
Glass

280
Bottle

CHARDONNAY

TOKARA WINE FARM

The palate has a beautiful silky texture and a refreshingly dry finish - testament to it being barrel aged.

80
Glass

320
Bottle

ROSÉ

DELAIRE GRAFF

A summer freshness in a glass. Think candyfloss, strawberries + spicy finish.

380
Bottle

RED

RED BLEND

RUPERT & ROTHSCHILD

The Classique is distinctly elegant, smooth and well considered Cabernet Sauvignon and Merlot blend.

380
Bottle

SYRAH | RED WINE

CHOCOLATE BLOCK

This is a well known and loved Boekenhoutskloof blend with a gorgeous nose that expresses abundant floral perfume.

440
Bottle

CAB SAUV | RED WINE

WARWICK FIRST LADY

This bottle pays tribute to the first women to make wine in South Africa. Known for it's dark fruit and sweet spices.

80
Glass

260
Bottle

BUBBLES

MCC + CHAMPAGNE



L'ORMARINS BRUT

L'ORMARINS WINE ESTATE

A light and pleasant brut bubbly with a little peachy tint.

380
Bottle

DA LUCA PROSECCO

IMPORTED ITALIAN PROSSECO

Da Luca Prosecco is a fresh, crispy sparkling wine - peach and apricot aromas, with sweet afternotes.

340
Bottle

GRAHAM BECK BRUT

GRAHAM BECK WINE FARM

This delightful sparkling wine exudes light yeasty aromas, limey fresh fruit on the nose, and rich creamy complexity on the palate.

440
Bottle

HISTORY PITSTOP

HOW DID STANLEY ISLAND COME TO BE?

A CATTLE FARM, HORSE DRAWN PANTOON TO ENTERPRISING FARMER AND EVEN A CON-MAN ON ALONG THE WAY...

PRIOR 1987

The island has gone through a few transformations since it's original purchase from Mrs Esterhuizen in the 1980's.

The Keurbooms river is 70km long, rising near Uniondale at the eastern end of the Little Karoo, but is navigable by powered boats for only the first 5km. The river winds its way through history, exposing the sharply inclined quartzite beds, some 400 million years old.

Until the 1880s, the Keurbooms River was a difficult boundary between the Western and Eastern Cape, and two enterprising brothers - the Stanleys - started a horse-drawn ferry crossing to cater for travellers along the coast. The Island had originally been run as a cattle farm by the Stanley brothers - they had in turn received the island from the government for their service of running the pont across the Keurbooms river for the public crossing the river before bridges were built.

LUD'S ISLAND

Lud De Bruijn, our grandfather saw great potential in this property and persuaded his wife at the time, Barbara to buy this property. At this point in time the island was very much desolate with thick milkwood forests. He has the idea to bridge his current business: East Cape Karoo (private hunting) with a beautiful end destination for all his guests and clients (foreigners and locals alike).

Lud moved down to Plett, built a raft and started building a family home on the island. Carting everything across the river and using many of the raw materials available locally. The new N2 bridge was under construction and all the old support beams from the bridge construction can still be seen in the lodges.

Lud completed the first family house, Lud's Manor (and now known as Stowaway). Then extended to the additional three lodges and a boma entertainment area. Each house was originally characterised with Cape Dutch

with face brick and thatching. Lud further had also built a 1000m grass runway and being a pilot flew the clients between the properties. This then led to the famous, Boma restaurant where guests were greeted by Klippiess, the rescued Klipspringer and three types of potjies.

BACK TO STANLEY ISLAND

Barbara and Lud soon separated and in the settlement Barbara received the island. And as any Matriarch would do changed the name back to Stanley Island. Over the years, Stanley Island became known as a backpackers and plane guide destination. At this point in time, all Barbara children were on their own journeys and did not have the capacity to take over the island. This led to the island being on the market to be sold (and we are almost certain you know someone who was going to buy Stanley Island). Unfortunately (luckily), this did not follow suite. A con-man who had tried to buy the island, sold the cottages to retired couples before the sale went through! A high court ruling put the brakes on his schemes and in 2006 the de Bruijn family again took over the island.

Barbara's, son, Johan with the help of his sisters and David (brother-in-law) did the first initial renovations. David (the father of Megan and Sharon) and his right man Max did all the wooden furniture and units. They created the foundation of the beautiful units by transforming the backpackers into nine units. Unfortunately, in 2007 nearing completion the devastating floods hit washing away over 200m of anti-erosion walling and the entire Boma-restaurant area. Luckily all the houses stood standing. For the next few years the island was looked after by Johan and his wife Keri-Ann who introduced our lovely dazzle of zebras.

During this period the Island Received lots of attention from hosting the massive Castle Lite Extra Cold Parties in 2013. Keri-Ann had fallen pregnant with their first child and were ready

to take on a different journey.

2016 - THE ISLAND BEACH BAR

The island carried on running as self-catering units. Until, Dani (Barbara oldest daughter) who has always been passionate about Stanley Island, jokingly said to her daughter, Sharon and her boyfriend, Chokka: why not sell beers and boerewors rolls on the banks off the island for extra money. This ignited a much bigger venture which became the Island Beach Bar. At the time Chokka and Sharon were eighteen and with the help of their families and one bartender they opened the Island Beach Bar. Chokka - very ambitious and Sharon - very grounding - made very good team. The first year, we all learnt so much: from never waitressing to using POS systems and doing stock orders and making cocktails. Sharon and Chokka didn't want to just run a bar and sell a few beers, they wanted to become known for their cocktails (such as The Barbara or the handpainted tikis that people tend to steal). Through the years the Island Beach Bar became iconic for hosting Corona Sunset Festivals and their incredible cocktails. Every year we have seen tremendous transformation to this space - a pop up bar - that started as a make shift tent to what you see today.

In 2020, it was decided to put the island back on the market. However, the oldest granddaughter, Megan (Sharon's sister) asked to take over the island, renovate and focus on the aesthetically pleasing designs and creating fond experiences. Both Megan and Sharon are enthusiastic about interior and graphic design. As well as enjoying travelling in and outside South Africa. We hope to keep bringing unique experiences to you- as we are always evolving.

If you catch one of us around - Chokka, Sharon or Megan - feel free to chat to us about the island or what to do in and outside Plett area.